POSITIVE IMPACT!

tools for respecting differences

ADL®
MOUNTAIN STATES

2019 calendar

NO place for HATE®
Anti-Defamation League

SEE INSIDE!

About this Calendar and Resource Guide

Since 1941, ADL's Mountain States Regional Office has worked tirelessly to stop all forms of bigotry and prejudice in Colorado, New Mexico and Wyoming to fulfill ADL's mission "to stop the defamation of the Jewish people and to secure justice and fair treatment to all." Thank you to our generous sponsors who make it possible to print this year's 2019 Positive Impact! Calendar and distribute 25,000 to schools, organizations and legislators across our region. Thank you for your continued support of ADL and our commitment to create more inclusive communities, classrooms and workplaces by proactively combating bias and bullying.

The 2019 Positive Impact! Calendar includes ADL's No Place for Hate® student art contest winners, who created vibrant artwork to a theme which asked, *What Would It Look Like When...*

- *We Build Community?*
- *We Find Common Ground?*
- *Diversity is a Strength?*
- *We Take Action Against Hate? or*
- *We Are Different Together?*

We hope you too will reflect on these statements and find ways to make a positive impact in your community!

Melinda Quiat
ADL Regional Board Chair

Scott L. Levin
ADL Regional Director

Sobre este calendario y guía de recursos

Desde 1941, la oficina regional del Oeste Montañoso de la ADL ha trabajado incansablemente para acabar con todas las formas de intolerancia y prejuicio en Colorado, New México y Wyoming, y cumplir la misión de la ADL de "poner fin a la difamación de los judíos y garantizar la justicia y un trato justo para todos". ¡Gracias a nuestros generosos patrocinadores que hacen posible imprimir el Calendario ¡2019 Impacto positivo! de este año y distribuir 25.000 ejemplares a escuelas, organizaciones y legisladores en nuestra región. Gracias por su constante apoyo a la ADL y su compromiso de crear comunidades, aulas y lugares de trabajo más inclusivos, combatiendo proactivamente el prejuicio y la intimidación.

El Calendario ¡2019 Impacto positivo! incluye los ganadores del concurso estudiantil de arte No Place for Hate® (Sin lugar para el odio), que crearon vibrantes obras de arte en respuesta a la pregunta *¿Cómo será cuándo…*

- *Construyamos comunidad?*
- *Encontremos puntos en común?*
- *La diversidad sea una fortaleza?*
- *Actuemos contra el odio? o*
- *Seamos diferentes juntos?*

¡Esperamos que usted también reflexione sobre estas declaraciones y encuentre formas de tener un impacto positivo en su comunidad!

Melinda Quiat
President de la Junta Directiva Regional de la ADL

Scott L. Levin
Director Regional de la ADL

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THE JAY & ROSE PHILLIPS FAMILY FOUNDATION OF COLORADO

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January 2019

ADL

SUN	MON	TUES	WED	THU	FRI	SAT
DECEMBER 2018 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	**FEBRUARY 2019** S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28	**1** **NEW YEAR'S DAY**	**2**	**3**	**4**	**5** **GURU GOBIND SINGH JI'S BIRTHDAY** Sikh
6 **EPIPHANY** Christian **CHRISTMAS** Armenian Orthodox Christian	**7** **CHRISTMAS** Eastern Christian	**8**	**9**	**10**	**11**	**12**
13	**14**	**15** **MAKAR SANKRANTI** Hindu	**16**	**17**	**18**	**19**
20 **WORLD RELIGION DAY** Bahá'í	**21** **DR. MARTIN LUTHER KING JR.'S BIRTHDAY** **TU B'SHVAT** Jewish	**22**	**23**	**24** 	**25**	**26**
27 **UN HOLOCAUST MEMORIAL DAY**	**28** 	**29**	**30**	**31**	*"You got to be brave. If you feel something, you really have to risk it."* —MEL BROOKS 	

NO NAME-CALLING WEEK January 21-25

MAHAYANA NEW YEAR (Buddhist) January 21-23

NO PLACE FOR HATE® Student Art Contest Winner

Middle School First Place Winner — Reese H., 7th grade, Louisville Middle School

How We Rise

PROUDLY SPONSORED BY **The Curtiss-Lusher Family**

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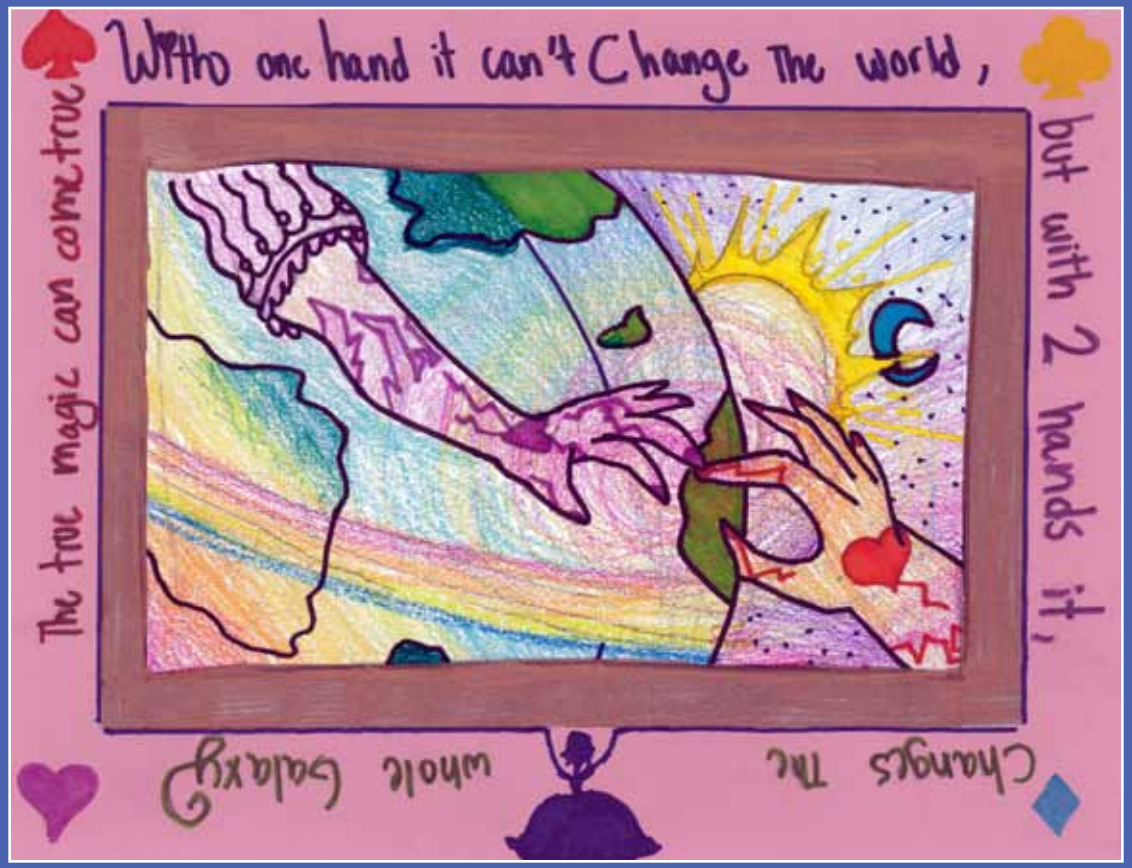
February 2019

ADL

SUN	MON	TUES	WED	THU	FRI	SAT
"As long as you keep a person down, some part of you has to be down there to hold the person down, so it means you cannot soar as you otherwise might." —-MARIAN ANDERSON			**JANUARY 2019** S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	**MARCH 2019** S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	**1** **BLACK HISTORY MONTH** Feb. 1-28 **NATIONAL FREEDOM DAY**	**2**
3	**4**	**5** **LUNAR NEW YEAR** Confucian, Daoist and Buddhist	**6**	**7**	**8**	**9**
10	**11**	**12**	**13**	**14** **VALENTINE'S DAY**	**15** **SUSAN B. ANTHONY DAY** **NIRVANA DAY** Buddhist	**16**
17	**18** **PRESIDENTS' DAY**	**19**	**20** **WORLD DAY OF SOCIAL JUSTICE**	**21**	**22**	**23**
24	**25**	**26**	**27**	**28**	*"Public service is about serving all the people, including the ones that are not like you."* —CONSTANCE WU	

AYYÁM-I-HA OR INTERCALARY DAYS
(Bahá'í) February 26-March 1

NO PLACE FOR HATE® Student Art Contest Winner



Upper Elementary School Third Place Winner — Anderson F. M., 5th grade, Emerald Elementary

Stand Up! Speak Out!

PROUDLY SPONSORED BY **Gerald and Roberta Quiat Family Foundation**

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March 2019

ADL

SUN	MON	TUES	WED	THU	FRI	SAT

"The remedy for speech that is false is speech that is true. The response to the unreasoned is the rational; to the uninformed, the enlightened; to the straight-out lie, the simple truth." —ANTHONY KENNEDY

FEBRUARY 2019

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APRIL 2019

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1
NATIONAL WOMEN'S HISTORY MONTH
March 1-31

2
NINETEEN-DAY FAST
(Bahá'í) March 2-20

3

4

MAHA SHIVARATRI
Hindu

5
SHROVE TUESDAY
Western Christian

6
ASH WEDNESDAY
Western Christian

7

8
INTERNATIONAL WOMEN'S DAY

9

10

11
CLEAN MONDAY
Eastern Christian

12

13

14

15

16

17
ST. PATRICK'S DAY
Christian

18

19

20
VERNAL EQUINOX

21
INT. DAY FOR THE ELIMINATION OF RACIAL DISCRIMINATION
HOLI Hindu
HOLLA MOHALLA Sikh
MAGHA PUJA Buddhist
NOWRÚZ Zoroastrian
PURIM Jewish

22

23

24

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28
KHORDAD SAL
Zoroastrian

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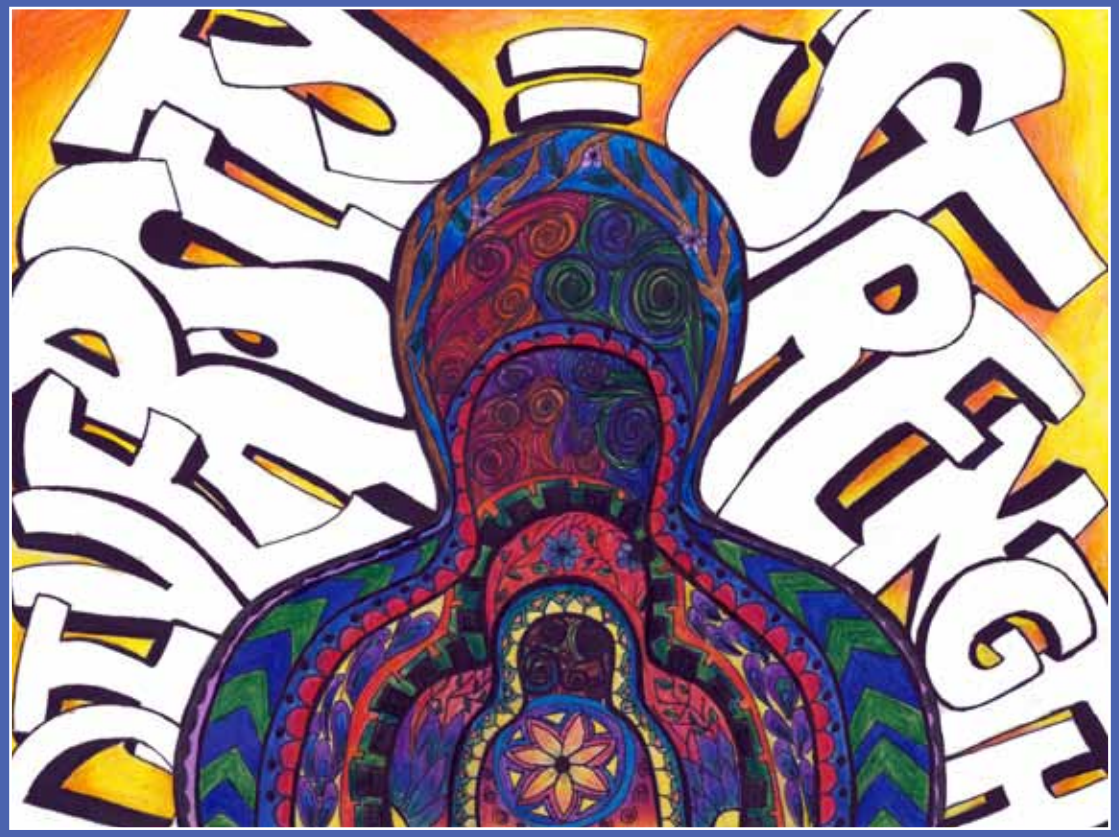
31
CESAR CHAVEZ DAY

NO PLACE FOR HATE® Student Art Contest Winner



High School Third Place Winner — Lisset H., 10th grade, Gateway High School

Diversity = Strength

PROUDLY SPONSORED BY **Harvey and Cheryl Saipe**

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April 2019

ADL

SUN	MON	TUES	WED	THU	FRI	SAT
MARCH 2019 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	**1** **GENOCIDE AWARENESS MONTH** April 1-30	**2**	**3**	**4**	**5**	**6**
7	**8**	**9**	**10**	**11**	**12**	**13**
14 **PALM SUNDAY** Christian **RAMA NAVAMI** Hindu **VAISAKHI** Sikh 	**15**	**16**	**17** 	**18** **HOLY THURSDAY** Christian	**19** **DAY OF SILENCE** **GOOD FRIDAY** Christian	**20** **THERAVADA NEW YEAR** (Buddhist) April 19-21
21 **EASTER** Christian	**22**	**23** 	**24** **ARMENIAN MARTYRS' DAY**	**25** 	**26**	**27**
28	**29**	**30**	**MAY 2019** S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31		*"The most fulfilled people are the ones who get up every morning and stand for something larger than themselves."* —WILMA MANKILLER	

PASSOVER/PESACH (Jewish) April 20-27

FESTIVAL OF RIDVÁN (Bahá'í) April 21-May 2

NO PLACE FOR HATE® Student Art Contest Winners

Middle School Second Place Winner —
Azalee W., 8th grade, Prairie Heights Middle School
Diversity, We Can Do It!

Middle School Third Place Winner —
Melanie A. F., 7th grade, Prairie Heights Middle School
The Art of Diversity

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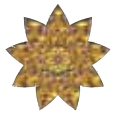
May 2019

ADL

SUN	MON	TUES	WED	THU	FRI	SAT
"Never separate your life from the words you speak." —Paul Wellstone		**APRIL 2019** S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	**1** **ASIAN PACIFIC AMERICAN HERITAGE MONTH** May 1-31 **JEWISH AMERICAN HERITAGE MONTH** May 1-31 **INTERNATIONAL WORKER'S DAY**	**2** **YOM HASHOAH** Jewish	**3** **WORLD PRESS FREEDOM DAY**	**4**
5 **CINCO DE MAYO**	**6**	**7**	**8** ★ **RAMADAN** (Islamic) May 6-June 4	**9**	**10**	**11**
12 **MOTHER'S DAY**	**13**	**14**	**15**	**16**	**17**	**18** **VISAKHA PUJA** Buddhist
19	**20**	**21** **WORLD DAY FOR CULTURAL DIVERSITY**	**22**	**23** **LAG B'OMER** Jewish	**24**  **DECLARATION OF THE BAB** Bahá'í	**25**
26	**27** **MEMORIAL DAY**	**28**	**29** **ASCENSION OF BAHÁ'U'LLÁH** Bahá'í	**30** **ASCENSION DAY** Christian	**31**	**JUNE 2019** S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30

NAVIGATING A DIGITAL WORLD: Tips for Youth

NAVEGAR UN MUNDO DE DIGITAL: Consejos para los jóvenes

Because most young people use technology in all aspects of their lives, they may see, observe or experience online bias, hate and/or cyberbullying. It's important that the adults in their lives talk with young people about safety, respect and responsibility in their digital lives. Below is an abridged version of **Navigating a Digital World: Tips for Youth**, found on ADL's website, in English and Spanish.

Dado que la mayoría de los jóvenes utilizan la tecnología en todos los aspectos de sus vidas, es posible que vean, observen o experimenten la intolerancia, el odio y/o la intimidación en línea. Es importante que los adultos les hablen sobre la seguridad, respecto y responsabilidad en sus vidas digitales. Debajo encontrará una versión abreviada de **Navegar un mundo de Digital: Consejos para los jóvenes**, que se encuentra en el sitio Web de la ADL, en inglés y español.

Before going online...

- **Keep a healthy balance** between digital and in-person activities.
- **Reflect** on what it means to be responsible online
- **Understand** apps and social media sites have behavior standards; don't break the rules.

Antes de conectarse…

- **Mantenga un equilibrio sano** entre las actividades digitales y las que realiza en persona.
- **Reflexione** sobre lo que significa ser responsable en línea.
- **Tenga claro** que las apps y los sitios sociales tienen estándares de comportamiento; no rompa las reglas.

While online...

- **Be respectful of others** and engage in respectful dialogue.
- **Be a positive role model** by writing supportive posts, applauding positive content.
- **Don't confide in people you don't know.**
- **Never meet a stranger without parental approval.**
- **Maintain privacy** and keep your security information safe.
- **Be cautious of messages from strangers.**
- **Don't have your devices out of sight** or they can be stolen or hacked.

Mientras está en línea…

- **Respete a los otros** y establezca un diálogo respetuoso.
- **Sea un modelo positivo** escribiendo comentarios de apoyo y aplaudiendo los contenidos positivos.
- **No confíe en gente a la que no conoce.**
- **Nunca se reúna con un extraño sin la aprobación de sus padres.**
- **Mantenga su privacidad** y cuide su información de seguridad.
- **Sea cauteloso con los mensajes de extraños.**
- **No deje sus dispositivos fuera de su vista.** Podrían ser robados o hackeados.

What can I do if I experience Cyberbullying?

- **Don't respond** but save messages as proof.
- **Talk to a trusted adult.**
- **Report incidents.** Use ADL's Online Cyber-Safety Action Guide to find out how to report to digital companies.
- **Ask for assistance in reporting.**
- **Act as an ally to others.**
- **Block numbers and people;** change numbers, screen names and other information if necessary.
- **Log Off!**

¿Qué puedo hacer si experimento intimidación cibernética?

- **No responda,** pero guarde los mensajes como prueba.
- **Hable con un adulto de confianza**.
- **Denuncie los incidentes.** Utilice la Guía de seguridad en línea de la ADL para saber cómo hacer su denuncia ante las compañías digitales.
- **Pida ayuda para reportar incidentes.**
- **Compórtese como un aliado con otros.**
- **En caso de necesidad, bloquee los números y personas;** cambie su número, nombres de usuario y otra información.
- **¡Cierre la sesión!**

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June 2019

ADL

SUN	MON	TUES	WED	THU	FRI	SAT

"We all require and want respect, man or woman, black or white. It's our basic human right."
--Aretha Franklin

MAY 2019

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JULY 2019

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1

LGBT+ PRIDE MONTH June 1-30

LAILA AL-QADR
Islamic

2

3

4

5
WORLD ENVIRONMENT DAY

EID AL-FITR (Islamic) June 4-6

6

7

8

9
PENTECOST
Christian

RACE UNITY DAY
Bahá'í

10
SHAVUOT (Jewish)
June 9-10

11

12

ANNE FRANK DAY

LOVING DAY

13

14

FLAG DAY

15

16

FATHER'S DAY

17

18

19

JUNETEENTH

20
WORLD REFUGEE DAY

21

SUMMER SOLSTICE

22

23 / **30**

24

25

26
ANNIVERSARY OF LEGALIZATION OF SAME-SEX MARRIAGE IN THE UNITED STATES

27

28

29

NO PLACE FOR HATE® Student Art Contest Winner

Upper Elementary School Second Place Winner — Kryshna G-C., 5th grade, Madison Elementary

Untitled

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PROUDLY SPONSORED BY AMG National Trust Bank

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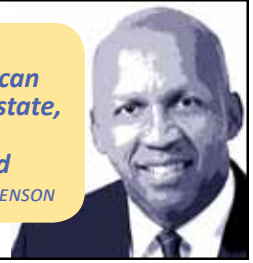
July 2019

ADL

SUN	MON	TUES	WED	THU	FRI	SAT
JUNE 2019 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	1	2	3	4 **INDEPENDENCE DAY**	5	6
7	8	9	10 **MARTYRDOM OF THE BÁB** Bahá'í	11	12	13
14	15	16 **DHARMA DAY** Buddhist	17	18	19	20
21	22	23	24	25	26 **AMERICANS WITH DISABILITIES ACT (ADA) DAY**	27
28	29	30	31	**AUGUST 2019** S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	*"Fear and anger are a threat to justice. They can infect a community, a state, or a nation, and make us blind, irrational, and dangerous."*—BRYAN STEVENSON 	

RESPONDING TO HATE SPEECH on the Internet

RESPONDER AL DISCURSO DE ODIO en Internet

Responding to Cyberbullying: Resources for Youth and Adults

Are you ready to be a CyberALLY™?

Each one of us can make a difference. Here are some tips to consider when being a cyberALLY:

- **Support the person being bullied** by sending them a positive private message. Pile-on in a good way. Get your friends to post positive comments to drown out negative posts.
- **Flag posts** that violate the terms of service. It's totally anonymous!
- **Take it offline.** Take the person being cyberbullied away from technology to do something fun.
- **Discover groundbreaking work** by technology companies aimed at fighting online hate and learn what community groups and individuals can do to help. Visit: www.adl.org/cyberhatebestpractices
- **ADL's *Cyber-Safety Action Guide*** is the quickest and easiest way to find relevant policies and access complaint forms from major internet platforms when you are faced with cyber-bullying, harassment and cyberhate. Visit: www.adl.org/cybersafety

Creating an Internet experience where we all feel safe takes work.

For additional information and resources visit our website: www.adl.org/combatbullying

Responder a la intimidación cibernética: Recursos para jóvenes y adultos

¿Está listo para ser un ALIADO?

Cada uno de nosotros puede hacer la diferencia. Estas son algunas sugerencias para ser un aliado en el mundo cibernético:

- **Apoye a la persona que está siendo intimidada** y envíele un mensaje privado positivo. Asista de forma positiva. Motive a sus amigos a escribir comentarios positivos para acallar los negativos.
- **Marque los comentarios** que violen los términos de servicio de la plataforma. ¡Es totalmente anónimo!
- **Aléjese de Internet.** Aleje de la tecnología a quien ha sido intimidado cibernéticamente y ¡llévelo a hacer algo divertido!
- **Descubra el innovador trabajo** de las empresas de tecnología para combatir el odio en línea y lo que las comunidades e individuos pueden hacer para ayudar. Visite: www.adl.org/cyberhatebestpractices
- **La *Ciber-Safety Action Guide* de la ADL** es la forma más rápida y fácil para encontrar las normas relevantes y tener acceso a los formularios de queja de las principales plataformas de internet cuando usted enfrenta la intimidación, el acoso o el odio cibernético. Visite: Visit: www.adl.org/cybersafety

Crear una experiencia en Internet en la que todos nos sintamos seguros exige un gran esfuerzo.

Para mayor información y recursos adicionales visite nuestra página: www.adl.org/combatir-la-intimidacion

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August 2019

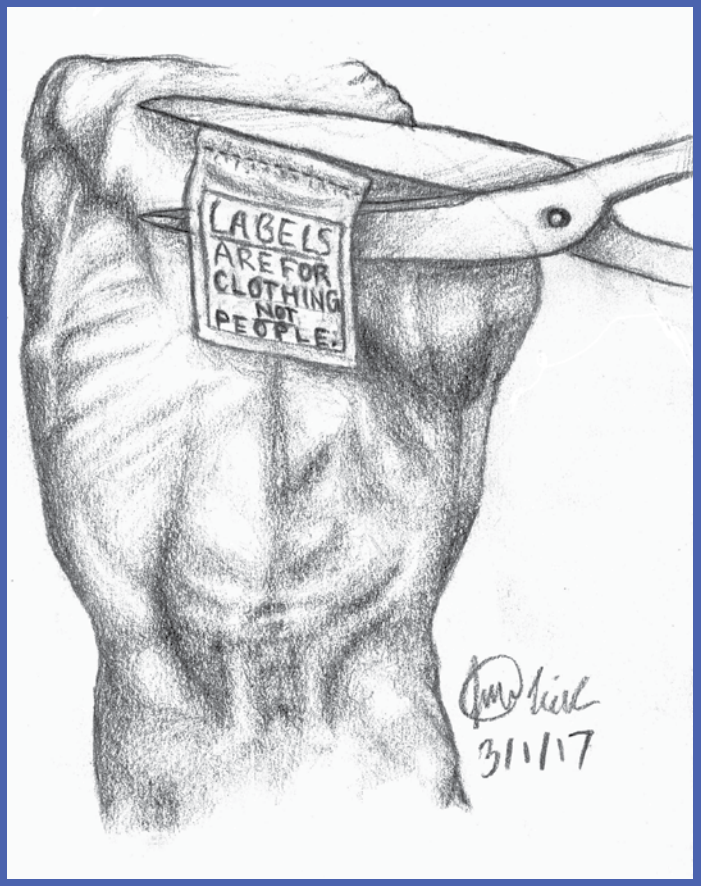
ADL

SUN	MON	TUES	WED	THU	FRI	SAT
"You can't move mountains by whispering at them." —P!NK		**JULY 2019** S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	**SEPTEMBER 2019** S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	1	2	3
4	5	6	7	8	9 **INTERNATIONAL DAY OF THE WORLD'S INDIGENOUS PEOPLES**	10
11 **TISHA B'AV** Jewish	12 **INTERNATIONAL YOUTH DAY**	13 **EID AL-ADHA** (Islamic) August 12-15	14	15 **RAKSHA BANDHAN** Hindu **ULLAMBANA (OBON)** Buddhist	16	17
18	19	20	21 **SENIOR CITIZEN DAY**	22	23 **INTERNATIONAL DAY FOR THE REMEMBRANCE OF THE SLAVE TRADE AND ITS ABOLITION**	24 **KRISHNA JANMASHTAMI (JAYANTI)** Hindu
25	26 **WOMEN'S EQUALITY DAY**	27	28	29	30	31 **MUHARRAM** Islamic

NO PLACE FOR HATE® Student Art Contest Winners

ADL

High School First Place Winner —
Gabriella H., 12th grade, Air Academy High School
A Clearer View of a Diverse World



High School Second Place Winner —
Jewell N., 9th grade Denver School of the Arts High School
Labels Are for Clothing, Not People

PROUDLY SPONSORED BY Western Educational EQUITY Assistance Center

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The Cravitz Family

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September 2019

ADL

SUN	MON	TUES	WED	THU	FRI	SAT
1	2 **LABOR DAY** **GANESH CHATURTHI** Hindu	3	4	5 **INTERNATIONAL DAY OF CHARITY**	6	7
8 **INTERNATIONAL LITERACY DAY**	9	10 **ASHURA** Islamic	11	12	13	14
15 **NATIONAL HISPANIC HERITAGE MONTH** Sept. 15-Oct. 15	16	17 **CONSTITUTION DAY AND CITIZENSHIP DAY**	18	19	20	21
22	23 **AUTUMNAL EQUINOX** **BI VISIBILITY DAY**	24	25	26	27	28
29 **NAVARATRI** (Hindu) September 29-October 7	30 **ROSH HASHANAH** (Jewish) September 30-October 1					

AUGUST 2019

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18	19	20	21	22	23	24
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OCTOBER 2019

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13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

"Nothing makes me more nervous than people who say, 'It can't happen here.' Anything can happen anywhere, given the right circumstances."
—MARGARET ATWOOD

NO PLACE FOR HATE® Student Art Contest Winners

ADL

Upper Elementary School First Place Winner —
Torilyn S-C., 5th grade, Murphy Creek PK-8
No Place for Hate®

Lower Elementary School First Place Winner —
Aubrianna E., 2nd grade, Cottonwood Plains Elementary
The Strength Is In You

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The Zeff Kesher Foundation

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Rollie R. Kelley Family Foundation Fund

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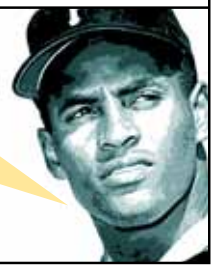
October 2019

ADL

SUN	MON	TUES	WED	THU	FRI	SAT
SEPTEMBER 2019 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	**NOVEMBER 2019** S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	**1** **NAT. DISABILITY EMPLOYMENT AWARENESS MONTH** Oct. 1-31 **NATIONAL BULLYING PREVENTION MONTH** Oct. 1-31 **LGBT+ HISTORY MONTH** Oct. 1-31	**2** **INTERNATIONAL DAY OF NON-VIOLENCE**	**3**	**4**	**5** **WORLD TEACHER'S DAY**
6	**7**	**8** **DUSSEHRA/ DASSERA** Hindu	**9** **YOM KIPPUR** Jewish	**10**	**11** **COMING OUT DAY**	**12**
13	**14** **INDIGENOUS PEOPLE'S DAY (NATIVE AMERICAN DAY)**	**15**	**16** 	**17** **INTERNATIONAL DAY FOR THE ERADICATION OF POVERTY**	**18**	**19**
20 **BIRTH OF THE BÁB** Bahá'í **GUR-GADDI GURU GRANTH SAHIB** Sikh	**21** **SHEMINI ATZERET** Jewish	**22** **SIMCHAT TORAH** Jewish	**23**	**24** **UNITED NATIONS DAY**	**25**	**26**
27 **DIWALI** Hindu **BANDI-CHHOR DIWAS** Sikh	**28**	**29**	**30**	**31** **HALLOWEEN** **REFORMATION DAY** Christian	*"If you have the opportunity in life to make things better, and you don't, you're wasting your time on earth."* --ROBERTO CLEMENTE 	

SUKKOT (Jewish) October 14-20

NO PLACE FOR HATE® Student Art Contest Winner

ADL

Lower Elementary School Second Place Winner — Piper B., 2nd grade, Emerald Elementary
Superheroes of Kindness

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November 2019

ADL

SUN	MON	TUES	WED	THU	FRI	SAT
"When we are talking about diversity, it is not a box to check. It is a reality that should be deeply felt and held and valued by all of us." —AVA DUVERNAY			**OCTOBER 2019** S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	**DECEMBER 2019** S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	**1** **NATIONAL AMERICAN INDIAN HERITAGE MONTH** November 1-30 **ALL SAINTS' DAY** Western Christian	**2** **ALL SOULS' DAY** Christian
3	**4**	**5** **ELECTION DAY**	**6**	**7**	**8**	**9**
10 **MAWLID AL-NABI** Islamic (Sunni)	**11** **VETERANS' DAY**	**12** **BIRTH OF BAHÁ'U'LLÁH** Bahá'í **GURU NANAK DEV JI'S BIRTHDAY** Sikh	**13**	**14**	**15** **MAWLID AL-NABI** Islamic (Shi'a)	**16** **INTERNATIONAL DAY FOR TOLERANCE**
17	**18** **AMERICAN EDUCATION WEEK** November 18-22	**19**	**20** **TRANSGENDER DAY OF REMEMBRANCE**	**21** 	**22**	**23**
24	**25**	**26** **DAY OF THE COVENANT** Bahá'í	**27**	**28** **THANKSGIVING DAY**	**29**	**30**

NO PLACE FOR HATE®
Together We Are Stronger

SIN LUGAR PARA EL ODIO®
Juntos somos más fuertes

ADL has learned that promoting sustainable, positive change in a school climate is a continual process rather than a final destination. ADL's No Place for Hate® Initiative is a school climate improvement framework that provides preK-12 schools with an organizing framework for combating bias, bullying and hatred, which leads to long-term solutions to foster and maintain a positive climate. No Place for Hate schools receive their designation in the following ways:

- Building inclusive and safe communities in which respect is the goal and where all students can thrive.
- Empowering students, faculty, administration and family members to take a stand against hate and bullying by incorporating new and existing programs under one powerful message.
- Sending a clear, unified message that all students have a place where they belong.

The most successful No Place for Hate schools make their program visible, create a community language, incorporate elements within their curriculum and weave their message of respect into the fabric of daily school life.

Interested in learning more about No Place for Hate®? Contact ADL at 303-830-7177, or visit Denver.adl.org/noplaceforhate2018.

"Everyone loves that it's a new way to look at bullying prevention and that it involves the community."
—Middle School Educator

La ADL ha aprendido que promover un cambio sostenible y positivo en el ámbito de la escuela es un proceso continuo, más que un destino final. La iniciativa No Place for Hate® de la ADL es una estrategia para mejorar el ambiente de la escuela y provee a las escuelas pre-escolares un marco de referencia para combatir el prejuicio, la intimidación y el odio, lo cual conduce a soluciones a largo plazo para fomentar y mantener un ambiente positivo. Las escuelas de No Place for Hate reciben su nombre de las siguientes maneras:

- Construyendo comunidades inclusivas y seguras en las que el respeto es la meta y donde todos los estudiantes pueden prosperar.
- Capacitando a los estudiantes, maestros, administradores y miembros de familia para oponerse al odio y la intimidación, reuniendo programas existentes y nuevos bajo un poderoso mensaje.
- Enviando el mensaje claro y coherente de que todos los estudiantes tienen un lugar al cual pertenecen.

"A todos les encanta que es una nueva forma de ver la prevención de la intimidación e implica a la comunidad."
—Educador de escuela secundaria

Las escuelas No Place for Hate más exitosas lo hacen visible, crean un lenguaje comunitario, incorporan elementos en sus planes de estudio y entretejen su mensaje de respecto en la vida diaria de la escuela.

¿Está interesado en aprender más sobre No Place for Hate? Contacte a la ADL en el telefono 303-830-7177; o visite www.denver.adl.org/noplaceforhate2017.

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Elisa Moran & Gary A. Kleiman

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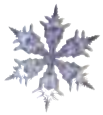
December 2019

ADL

SUN	MON	TUES	WED	THU	FRI	SAT
1 WORLD AIDS DAY	2	3 INTERNATIONAL DAY OF PERSONS WITH DISABILITIES	4	5	6	7
8 BODHI DAY Buddhist	9	10 HUMAN RIGHTS DAY	11	12 OUR LADY OF GUADALUPE Christian	13	14
15 BILL OF RIGHTS DAY	16	17	18	19	20	21  WINTER SOLSTICE
22	23	24 CHRISTMAS EVE Christian	25 CHRISTMAS Western Christian	26	27	28
29 WOUNDED KNEE DAY	30	31 NEW YEAR'S EVE				

ADVENT (Christian) December 1-24

CHANUKAH (Jewish) December 23-30

KWANZAA December 26-January 1, 2020

NOVEMBER 2019

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

JANUARY 2019

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

"When you put your talents to work for the good of the community, you are helping the world."
—Oscar Arias Sánchez

January 2020

ADL

SUN	MON	TUES	WED	THU	FRI	SAT
"Empathy and compassion are the only things I've ever seen truly break the cycle of hate." —-Christian Picciolini		**DECEMBER 2019** S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	**1** **NEW YEAR'S DAY**	**2**	**3**	**4**
5 **GURU GOBIND SINGH JI'S BIRTHDAY** Sikh	**6** **EPIPHANY** Christian **CHRISTMAS** Armenian Orthodox Christian	**7** **CHRISTMAS** Eastern Christian	**8**	**9**	**10** **MAHAYANA NEW YEAR** (Buddhist) January 10-12	**11**
12	**13**	**14**	**15** **MAKAR SANKRANTI** Hindu	**16**	**17**	**18**
19 **WORLD RELIGION DAY** Bahá'í	**20** **DR. MARTIN LUTHER KING JR.'S BIRTHDAY**	**21** **NO NAME-CALLING WEEK** January 20-24	**22**	**23**	**24**	**25** **LUNAR NEW YEAR** Confucian, Daoist and Buddhist
26	**27** **UN HOLOCAUST MEMORIAL DAY**	**28**	**29**	**30**	**31**	**FEBRUARY 2020** S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29

Calendar of OBSERVANCES

The increasingly pluralistic population of the United States is made up of many different ethnic, cultural, faith and religious communities. To enhance mutual understanding and respect among the various groups, ADL offers this Calendar of Observances as a tool to increase awareness and sensitivity about religious obligations, as well as ethnic and cultural festivities that may affect students, colleagues and neighbors in your community.

RELIGIOUS OBSERVATIONS

The calendar includes significant religious observances of the major faiths represented in the United States and can be used as a resource when planning school exam schedules and school activities, or when scheduling workplace festivities and community events. **Note that Bahá'í, Jewish and Islamic holidays begin at sundown the previous day and end at sundown on the date listed.**

NATIONAL AND INTERNATIONAL HOLIDAYS

The calendar notes U.S. holidays that are either legal holidays or observed in various states and communities throughout the country. Important national and international observances that may be commemorated in the U.S. are also included.

CALENDAR SYSTEM

The dates of secular holidays are based on the commonly used Gregorian calendar. Many religions and cultures follow various traditional calendar systems that are often based on the phases of the moon with occasional adjustments for the solar cycle. Therefore, specific Gregorian calendar dates for these observances will differ from year to year. In addition, calculation of specific dates may vary by geographical location and according to different sects within a given religion.

ADA (AMERICANS WITH DISABILITIES ACT) DAY • Commemorates the 1990 signing of the Americans with Disabilities Act, which guarantees equal opportunity for people with disabilities.

ADVENT (Christian) • Advent is a season of spiritual preparation in observance of the birth of Jesus. In Western Christianity, it starts on the fourth Sunday before Christmas. In Eastern Christianity, the season is longer and begins in the middle of November.

ALL SAINTS DAY (Eastern Christian) • In Orthodox churches observed on the first Sunday after Pentecost, it commemorates all known and unknown Christian saints.

ALL SAINTS' DAY (Western Christian) • Commemorates all known and unknown Christian saints. Eastern Christianity observes it on the first Sunday after Pentecost.

ALL SOULS' DAY (Christian) • Commemoration of all faithful Christians who are now dead. In Mexican tradition it is celebrated as *Dia de los Muertos* between October 31 and November 2, and is an occasion to remember dead ancestors and celebrate the continuity of life.

ANNE FRANK DAY • Birthday of young Jewish girl whose diary describes her family's experiences hiding from the Nazis through assistance of gentile friends.

ANNIVERSARY OF LEGALIZATION OF SAME-SEX MARRIAGE IN THE UNITED STATES • On June 26, 2015, in the case of Obergefell v. Hodges, the Supreme Court ruled that the fundamental right to marry is guaranteed to same-sex couples.

AMERICAN EDUCATION WEEK • Celebrates public education and honors individuals who are making a difference in ensuring every child in the U.S. receives a quality education.

ARMENIAN MARTYRS' DAY • Memorializes the extermination of some 1.5 million Armenians between 1915 and 1923 in Turkey.

ASCENSION DAY (Christian) • Celebrated 40 days after Easter/Pascha, it commemorates the ascension of Jesus into Heaven.

ASCENSION OF BAHÁ'U'LLÁH (Bahá'í) • Observance of the anniversary of the death in exile of Bahá'u'lláh, the prophet-founder of the Bahá'í Faith.

ASH WEDNESDAY (Western Christian) • The first day of Lent for Western Christian churches, a 40-day period of spiritual preparation for Easter, not counting Sundays.

ASHURA (Islamic) • A day of fasting observed on the 10th day of the month of Muharram to celebrate Moses' exodus from Egypt. For Shi'a Muslims, it also marks the climax of the ten-day Remembrance of Muharram, which mourns the martyrdom of Hussein at the Battle of Kerbala in 680 CE.

ASIAN PACIFIC AMERICAN HERITAGE MONTH • Recognizes the contributions and celebrates the culture of Asians and Pacific Islanders in the United States.

AUTUMNAL EQUINOX • The date when night and day are nearly of the same length. It marks the first day of fall.

AYYÁM-I-HA OR INTERCALARY DAYS (Bahá'í) • The Ayyám-i-ha, or "Days of Ha," are devoted to spiritual preparation for the fast, celebrating, hospitality, charity and gift giving. They are celebrated the four days, five in leap year, before the last month of the Bahá'í year.

BANDI-CHHOR DIWAS (Sikh) • A commemorative occasion having no fixed date which occurs in October or November and celebrates the release of the Sixth Guru Har Gobind Sahib from imprisonment and coincides with Diwali, the Hindu festival of lights.

BI VISIBILITY DAY • Seeks to draw attention to public policy concerns and foster respect for bi+ individuals and communities.

BILL OF RIGHTS DAY • Commemorates the signing into law of the ten original amendments of the United States Constitution in 1791.

BIRTH OF BAHÁ'U'LLÁH (Bahá'í) • Observance of the anniversary of the birth in 1817 of Bahá'u'lláh, prophet-founder of the Bahá'í Faith, in Núr, Persia.

BIRTH OF THE BÁB (Bahá'í) • Bahá'í observance of the anniversary of the birth in 1819 of Siyyid, "the Báb," the prophet-herald of the Bahá'í Faith, in Shíráz, Persia.

BLACK HISTORY MONTH • Celebrates Black History and African American culture in the United States.

BODHI DAY (Buddhist) • Also known as *Rohatsu*, it observes the spiritual awakening (bodhi) of founder Siddharta Gautama, the Buddha, ca. 596 BCE. Celebrated on the eigth day either of December or the 12th month of the lunar calendar.

CESAR CHAVEZ DAY • Honors Mexican American farm worker, labor leader and activist Cesar Chavez (1927–1993), who was a nationally respected voice for social justice.

CHANUKAH (Jewish) • Eight-day "Festival of Lights," celebrating the rededication of the Temple to the service of God in 164 BCE. Commemorates the victory of the Maccabees over the Greek King, Antiochus, who sought to suppress freedom of worship.

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CHRISTMAS (Armenian Orthodox Christian) • Armenian Christians celebrate the birth of Jesus on Epiphany, except for Armenians living in Israel, who celebrate Christmas on January 19th.

CHRISTMAS (Eastern Christian) • Most Orthodox churches celebrate Christmas 13 days later than other Christian churches based on their use of the Julian rather than the Gregorian version of the Western calendar.

CHRISTMAS (Western Christian) • Commemorates the birth of Jesus.

CHRISTMAS EVE (Christian) • Celebration of the arrival of Mary and Joseph in Bethlehem for the birth of Jesus.

CINCO DE MAYO • In 1862 Mexican forces defeated French occupational forces in the Battle of Puebla.

CLEAN MONDAY (Eastern Christian) • The beginning of ***Great Lent*** for Eastern Christian churches, which starts 40 days before Orthodox Easter (***Pascha***), counting Sundays.

COMING OUT DAY • Encourages honesty and openness about being lesbian, gay, bisexual or transgender. Commemorates October 11, 1987, when 500,000 people marched on Washington, DC, for gay and lesbian equality.

CONSTITUTION DAY AND CITIZENSHIP DAY • Commemorates the ratification of the United States Constitution in 1787. Also honors all who have become U.S. citizens.

DUSSEHRA/DASSERA (Hindu) • Anniversary of the day when Rama killed the evil demon Ravana. Also known as ***Durga Puja***, which celebrates the goddess Durga.

DAY OF SILENCE • Students take a day-long vow of silence to protest the actual silencing of lesbian, gay, bisexual and transgender (LGBT) students and their straight allies due to bias and harassment.

DAY OF THE COVENANT (Bahá'í) • Day of the Covenant is a festival observed to commemorate Bahá'u'lláh's appointment of His son, Abdu'l-Baha, as His successor.

DECLARATION OF THE BAB (Bahá'í) • Commemoration of May 23, 1844, when the Báb, the prophet-herald of the Bahá'í Faith, announced in Shíráz, Persia, that he was the herald of a new messenger of God.

DHARMA DAY (Buddhist) • Also known as ***Asala Puja***, it commemorates the historical Buddha's first discourse following his spiritual awakening.

DIWALI (Hindu) • Also called ***Deepavali***, "Festival of Lights," it celebrates the victory of good over evil, light over darkness, and knowledge over ignorance.

DR. MARTIN LUTHER KING JR.'S BIRTHDAY • The birthday of civil rights activist Dr. Martin Luther King Jr. is celebrated on the third Monday in January.

EASTER (Christian) • Known as ***Pascha*** in Eastern Christianity; celebrates the resurrection of Jesus.

EID AL-ADHA (Islamic) • The "Feast of Sacrifice" concludes the Hajj (pilgrimage to Mecca), and is a three-day festival recalling Ibrahim's willingness to sacrifice his son in obedience to God.

EID AL-FITR (Islamic) • The "Feast of the Breaking of the Fast" marks the end of Ramadan, the holy month of fasting from dawn until dusk.

ELECTION DAY • A day set by U.S. law for the election of public officials.

EPIPHANY (Christian) • Known as ***Theophany*** in Eastern Christianity, it celebrates the manifestation of Jesus as Christ. In addition, the Western Church associates Epiphany with the journey of the Magi to the infant Jesus, and the Eastern Church with the baptism of Jesus by John.

FATHER'S DAY • Children of all ages show appreciation for their fathers and father figures.

FESTIVAL OF RIDVÁN (Bahá'í) • Annual festival commemorating the 12 days when Bahá'u'lláh, the prophet-founder of the Bahá'í Faith, resided in a garden called Ridván (Paradise) and publicly proclaimed His mission as God's messenger for this age. The first (April 21), ninth (April 29), and twelfth (May 2) days are celebrated as holy days when Baha'is suspend work.

FLAG DAY • Anniversary of the adoption of the United States flag by Congress in 1777.

GANESH CHATURTHI (Hindu) • Celebrates the birthday of Ganesha, the elephant-deity.

GENOCIDE AWARENESS MONTH • A month that marks important anniversaries for past and contemporary genocides. Throughout the month, individuals, communities and organizations join together to commemorate and honor victims and survivors of mass atrocities.

GOOD FRIDAY (Christian) • Known as ***Holy Friday*** in Eastern Christianity, it commemorates the Crucifixion of Jesus on the Friday before Easter/ Pascha.

GUR-GADDI GURU GRANTH SAHIB (Sikh) • Since 1708, Sikhs have accepted Sri Guru Granth Sahib as their eternal Guru that holds the spirit of all Ten Gurus of the Sikhs. They consider Guru Granth Sahib to be a spiritual guide not only for Sikhs but for all of mankind; it plays a central role in guiding the Sikhs' way of life.

GURU GOBIND SINGH JI'S BIRTHDAY (Sikh) • Guru Gobind Singh was the Tenth Guru of the Sikhs who initiated the Sikhs as the Khalsa (the pure ones) and is known as the Father of the Khalsa.

GURU NANAK DEV JI'S BIRTHDAY (Sikh) • A very important holiday in the Sikh faith as Guru Nanak Dev's was the First Guru of the Sikhs and the Founder of Sikhism. He was born in mid-November; the holiday is celebrated according to the lunar date.

HALLOWEEN • The eve of All Saints' Day.

HOLI (Hindu) • Also called ***Holaka*** or ***Phagwa***, this festival celebrates spring and commemorates various events in Hindu mythology.

HOLLA MOHALLA (Sikh) • An annual martial arts parade historically coinciding with Holi, the Hindu festival of colors. Celebrations related to Holla Mohalla may be held in various locations over several weekends preceding the actual date of the holiday.

HOLY THURSDAY (Christian) • Also known as ***Maundy Thursday,*** it is celebrated on the Thursday before Easter commemorating the Last Supper, at which Jesus and the Apostles were together for the last time before the Crucifixion.

HUMAN RIGHTS DAY • On this day in 1948 the United Nations General Assembly adopted the Universal Declaration of Human Rights.

INDEPENDENCE DAY • Anniversary of the United States Declaration of Independence in 1776.

INDIGENOUS PEOPLE'S DAY (Native American Day) • Celebrates and honors Native American history and culture. The second Monday of October is also marked as a U.S. federal holiday, Columbus Day. Many people are opposed to the celebration of a man who led and committed atrocities against Indigenous people. Some states and cities in the U.S. have officially changed the day to Indigenous People's Day. Similarly, it is celebrated as ***Día de la Raza***, "Day of the Race," in Spanish-speaking countries and communities.

INTERNATIONAL DAY FOR THE ELIMINATION OF RACIAL DISCRIMINATION • Call to action to eliminate all forms of racial discrimination worldwide.

INTERNATIONAL DAY FOR THE ERADICATION OF POVERTY • Call to action for the eradication of poverty and destitution worldwide.

INTERNATIONAL DAY FOR THE REMEMBRANCE OF THE SLAVE TRADE AND ITS ABOLITION • Memorializes the tragedy of the transatlantic slave trade, coinciding with the anniversary of the uprising in Santo Domingo (today Haiti and the Dominican Republic) that initiated its abolition.

INTERNATIONAL DAY FOR TOLERANCE • Emphasizes the dangers of intolerance and is a call to action for the advancement of human welfare, freedom and progress everywhere, as well as a day to encourage tolerance, respect, dialogue and cooperation among different cultures and peoples.

INTERNATIONAL DAY OF CHARITY • Recognizes the role of charity in alleviating human suffering, as well as of the efforts of charitable organizations and individuals, including the work of Mother Teresa.

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INTERNATIONAL DAY OF DISABLED PERSONS • Raises awareness about persons with disabilities in order to improve their lives and provide them with equal opportunity.

INTERNATIONAL DAY OF NON-VIOLENCE • Marked on the birthday of Mahatma Gandhi, leader of the Indian independence movement and pioneer of the philosophy and strategy of non-violence, a U.N commemoration promoting the principle of non-violence and the desire to secure a culture of peace, tolerance and understanding.

INTERNATIONAL DAY OF THE WORLD'S INDIGENOUS PEOPLES • Celebrates the richness of indigenous cultures and recognizes the challenges indigenous peoples face today, ranging from poverty and disease to dispossession, discrimination and denial of basic human rights.

INTERNATIONAL LITERACY DAY • Call to action for universal literacy.

INTERNATIONAL WOMEN'S DAY • Celebration of the economic, political and social achievements of women worldwide.

INTERNATIONAL WORKER'S DAY • Also known as *May Day*, it celebrates the social and economic achievements of workers worldwide. The day commemorates the Haymarket Riot of 1886 in Chicago, in which police and protesters clashed following a workers' strike for an eight-hour work day.

INTERNATIONAL YOUTH DAY • Celebrates young people and the integral role they play in helping to create a world fit for children.

JEWISH AMERICAN HERITAGE MONTH • Recognizes the history of Jewish contributions to American culture, acknowledging the diverse achievements of American Jews.

JUNETEENTH • Originally commemorating the announcement of the abolition of slavery in Texas in 1865, it is now celebrated throughout the U.S. to honor African-American freedom and achievement.

KHORDAD SAL (Zoroastrian) • The Zoroastrian celebration of the birth of Zoroaster, the founder of the Zoroastrianism religion. The holiday is specifically celebrated in India and Iran, immediately following the Persian new year, Nowrúz.

KRISHNA JANMASHTAMI (Also known as JAYANTI) (Hindu) • Celebrates Krishna's birthday, Vishnu's eighth incarnation on earth.

KWANZAA • A seven-day celebration honoring African American heritage and its continued vitality. "Kwanzaa" means "first fruits (of the harvest)" in Swahili.

LABOR DAY • Celebrated the first Monday in September in recognition of U.S. workers.

LAG B'OMER (Jewish) • Celebrates the end of a divine-sent plague and/or Roman occupation during Rabbi Akiva's lifetime (died c. 135 CE).

LAILA AL-QADR (Islamic) • "The Night of Power" marks the night in which God first revealed the Qur'an to the Prophet Muhammad. Often fixed as the 27th day of the Islamic month of Ramadan, Sunnis may also observe it on the 21st, 23rd, 25th or 29th. Shi'ites observe it on the 19th, 21st or 23rd of Ramadan.

LGBT+ PRIDE MONTH • Commemorates the anniversary of the June 28, 1969 Stonewall riot in New York City, the incident that initiated the modern gay rights movement in the United States. Pride Day is the last Sunday in June.

LOVING DAY • Observes the anniversary of the 1967 United States Supreme Court decision *Loving v. Virginia*, which struck down the miscegenation laws remaining in 16 states barring interracial marriage.

LUNAR NEW YEAR • On this day Chinese, Korean and Vietnamese New Year are celebrated.

MAGHA PUJA (Buddhist) • Also known as *Sangha Day*, it commemorates the spontaneous assembly of 1,250 arahants, completely enlightened monks, in the historical Buddha's presence.

MAHA SHIVARATRI (Hindu) • Also called *Shiva Ratri*, it is the Great Festival of Shiva. The festival is celebrated at the 13th night or 14th day of the waning moon in the Hindu calendar (month of February or March of the English calendar).

MAHAYANA NEW YEAR (Buddhist) • In Mahayana countries, the New Year starts on the first full moon day in January.

MAKAR SANKRANTI (Hindu) • Seasonal celebration recognizing the increasing length of days.

MARTYRDOM OF THE BÁB (Bahá'í) • Observance of the anniversary of the execution by a firing squad in Tabríz, Persia, of the 30-year-old Siyyid 'Alí-Muhammad, the Báb, the prophet-herald of the Bahá'í Faith.

MAWLID AL-NABI , also known as **MILAD AL-NABI (Islamic) •** Celebrates the birthday of the Prophet Muhammad, founder of Islam. Shi'a Muslims celebrate it five days later than Sunni Muslims.

MEMORIAL DAY • Initiated originally to honor the dead of the Civil War, this observance now pays homage to the dead of all U.S. wars.

MOTHER'S DAY • Children of all ages show appreciation for their mothers and mother figures.

MUHARRAM (Islamic) • The month of Muharram marks the beginning of the Islamic liturgical year. The first day of the month, al-Hijra, remembers the migration of Muhammad and his followers from Mecca to Medina in 622 CE. It also marks the beginning of the ten-day Shi'ite Remembrance of Muharram, a period of intense grief and mourning of the martyrdom of Hussein, the son of Ali and grandson of Muhammad.

NATIONAL AMERICAN INDIAN HERITAGE MONTH • Celebrates and honors the history and culture of Native Americans in the United States.

NATIONAL BULLYING PREVENTION MONTH • A campaign to unite communities nationwide to educate and raise awareness of bullying prevention.

NATIONAL DISABILITY EMPLOYMENT AWARENESS MONTH • Recognizes the contributions of workers with disabilities.

NATIONAL FREEDOM DAY • Commemorates the signing of the 13th Amendment, which abolished slavery in 1865.

NATIONAL HISPANIC HERITAGE MONTH • Celebrates the contributions, heritage and culture of Hispanic and Latino Americans.

NATIONAL WOMEN'S HISTORY MONTH • Honors women as significant agents of historical change.

NAVARATRI (Hindu) • Nine-day festival celebrating the triumph of good over evil. It worships God in the form of the universal mother commonly referred to as Durga, Devi or Shakti, and marks the start of fall.

NOWRÚZ (Zoroastrian) • A traditional ancient Iranian festival celebrating the first day of Spring and the Iranian New Year. Also celebrated as New Year's Day in Baha'i tradition (Naw-Ruz).

NEW YEAR'S DAY • The first day of the year in the Gregorian calendar, commonly used for civil dating purposes.

NEW YEAR'S EVE • In the Gregorian calendar, New Year's Eve, the last day of the year, is on December 31. In many countries, New Year's Eve is celebrated at evening social gatherings, where many people dance, eat, drink. etc.

NINETEEN-DAY FAST (Bahá'í) • Baha'is between 15 and 70 years of age do not eat or drink from sunrise to sunset and set aside time for prayer and meditation.

NIRVANA DAY (Buddhist) • Celebrates the day when the historical Buddha achieved Parinirvana, or complete Nirvana, upon the death of his physical body. Sometimes celebrated on Feb. 8.

NO NAME-CALLING WEEK • Annual week of educational activities aimed at ending name-calling and bullying of all kinds.

NOWRÚZ (Zoroastrian) • A traditional ancient Iranian festival celebrating the first day of Spring and the Iranian New Year. Also celebrated as New Year's Day in Baha'i tradition (Naw-Ruz).

OUR LADY OF GUADALUPE (Christian) • Celebrates the apparition of the Blessed Virgin Mary (by her title, Our Lady of Guadalupe, the Patroness of Mexico and the Americas) before Juan Diego, an indigenous convert to Roman Catholicism, on the Mexican hill of Tepeyac in 1531.

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PALM SUNDAY (Christian) • Observed the Sunday before Easter/Pascha to commemorate the entry of Jesus into Jerusalem.

PASSOVER/PESACH (Jewish) • The eight-day "Feast of Unleavened Bread" celebrates Israel's deliverance from Egyptian bondage.

PENTECOST (Christian) • Also known as ***Whitsunday***, the seventh Sunday after Easter commemorates the descent of the Holy Spirit upon the Apostles and women followers of Jesus. Marks the birth of the Christian Church..

PRESIDENTS' DAY • Honors all past presidents of the United States of America.

PURIM (Jewish) • The "Feast of Lots" marks the salvation of the Jews of ancient Persia from extermination.

RACE UNITY DAY (Bahá'í) • Observance promoting racial harmony and understanding and the essential unity of humanity.

RAKSHA BANDHAN (Hindu) • Also called ***Rakhi***, this festival celebrates the protective relationship between brothers and their sisters.

RAMADAN (Islamic) • A month of strict fasting from dawn until dusk in honor of the first revelations of the Qur'an to the Prophet Muhammad.

RAMA NAVAMI (Hindu) • Celebrates the birthday of Rama, king of ancient India, hero of the epic Ramayana, and seventh incarnation of Vishnu.

REFORMATION DAY (Christian) • Commemorates the beginning of the Protestant Reformation in 1517.

ROSH HASHANAH (Jewish) • Beginning of the Jewish New Year and first of the High Holy Days, which marks the beginning of a ten-day period of penitence and spiritual renewal.

SENIOR CITIZEN DAY • Recognizes the many contributions older adults make in communities across the United States.

SHAVUOT (Jewish) • The "Feast of Weeks" celebrates the covenant established at Sinai between God and Israel, and the revelation of the Ten Commandments.

SHEMINI ATZERET (Jewish) • "The Eighth (Day) of Assembly" is observed on the day immediately following Sukkot.

SHROVE TUESDAY (Western Christian) • A day of penitence as well as the last chance to feast before Lent begins. Also known as ***Mardi Gras***.

SIMCHAT TORAH (Jewish) • "Rejoicing in the Torah" celebrates the conclusion of the public reading of the Pentateuch and its beginning anew.

ST. PATRICK'S DAY (Christian) • Feast day of the patron saint of Ireland. In the U.S., a secular version is celebrated by people of all faiths through appreciation of all things Irish.

SUKKOT (Jewish) • The week-long "Feast of Booths" commemorates the 40-year wandering of the Israelites in the desert on the way to the Promised Land.

SUMMER SOLSTICE • In the northern hemisphere, the longest day of the year. It marks the first day of the season of summer.

SUSAN B. ANTHONY DAY • Birthday of Susan B. Anthony (1820-1906), a pioneer in the Women's Rights Movement.

THANKSGIVING DAY • Following a 19th century tradition, it commemorates the Pilgrims' harvest feast in the autumn of 1621.

THERAVADA NEW YEAR (Buddhist) • In Theravada countries, the New Year is celebrated on the first full moon day in April.

TISHA B'AV (Jewish) • Mourning of the destruction of the First and Second Temples in Jerusalem in 586 BCE and 70 CE.

TRANSGENDER DAY OF REMEMBRANCE • Memorializes those who were killed due to anti-transgender hatred or prejudice.

TU B'SHVAT (Jewish) • New Year's Day for Trees, and traditionally the first of the year for tithing fruit of trees. Now a day for environmental awareness and action, such as tree planting.

ULLAMBANA (also known as Obon) (Buddhist) • Buddhist Ghost Festival. The unsettled spirits of dead ancestors are calmed with chanting and offerings to enable them to pass peacefully into the next world.

UN HOLOCAUST MEMORIAL DAY • Annual International Day of Commemoration in memory of the victims of the Holocaust coinciding with the anniversary of the liberation of the Auschwitz death camp in 1945.

UNITED NATIONS DAY • Commemorates the founding of the world organization in 1945.

VAISAKHI (also spelled Baisakhi) (Sikh) • The festival which celebrates the founding of the Sikh community as the Khalsa (community of the initiated). On this day, Sikhs gather and celebrate Vaisakhi at their local Gurdwaras (Sikh house of worship) by remembering this day as the birth of the Khalsa.

VALENTINE'S DAY • Celebrates the idea of romantic love.

VERNAL EQUINOX • The date when night and day are nearly the same length. It marks the first day of the season of spring.

VETERANS' DAY • Honors the U.S. Armed Services and commemorates the war dead.

VISAKHA PUJA (Buddhist) • Also known as Vesak or Buddha Day, it marks the birth, spiritual awakening and death (nirvana) of the historical Buddha.

WINTER SOLSTICE • In the northern hemisphere, the shortest day of the year. It marks the first day of the season of winter.

WOMEN'S EQUALITY DAY • Commemorates the 1920 passage of the 19th Amendment to the Constitution, granting women the right to vote.

WORLD AIDS DAY • International day of action on HIV and AIDS.

WORLD DAY FOR CULTURAL DIVERSITY • Recognizes cultural diversity as a source of innovation, exchange and creativity, as well as the obligation to create a more peaceful and equitable society based on mutual respect.

WORLD DAY OF SOCIAL JUSTICE • U.N. day to recognize efforts to achieve fair outcomes for all through employment, social protection, social dialogue, and fundamental principles and rights at work.

WORLD ENVIRONMENT DAY (WED) • The United Nations' most important day for encouraging worldwide awareness and action for the protection of our environment.

WORLD PRESS FREEDOM DAY • Serves as an occasion to inform the public of violations of the right to freedom of expression and as a reminder that many journalists brave death or jail to bring people their daily news.

WORLD REFUGEE DAY • Raises awareness about the plight of refugees and displaced persons.

WORLD RELIGION DAY (Bahá'í) • Observance to proclaim the oneness of religion and the belief that world religion will unify the peoples of the earth.

WORLD TEACHER'S DAY • Held annually to commemorate teacher organizations worldwide.

OUNDED KNEE DAY • On December 29, 1890 more than 200 Lakota Sioux were massacred by U.S. troops at Wounded Knee in South Dakota.

YOM HASHOAH (Jewish) • "Holocaust Remembrance Day" memorializes the heroic martyrdom of six million Jews who perished in the Nazi Holocaust.

YOM KIPPUR (Jewish) • The "Day of Atonement" marks the end of the Ten Days of Penitence that begin with Rosh Hashanah.

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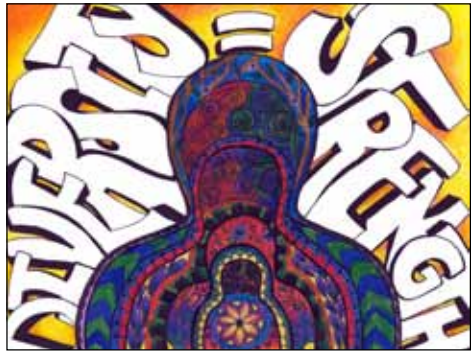

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